



# Survivor Outreach Services ...keeping the promise

## 43rd Edition—March 2014

Have you found yourself wanting to belong to something more, or have you wanted to be around other families that can relate to how you feel. Imagine the possibility of mentoring a Survivor and building a community amongst each other. If you have ever had any of these thoughts or had a need that was not met, now you can act. Join the Gold star families and make a difference in your community.

Start your own Chapter in your area today!

It only takes 5 Survivors to start a Chapter in your area but it only takes one person to make a difference in the life of another. For more information about starting a chapter follow the links below or contact your local SOS Coordinator for more information.

[www.goldstarwives.org](http://www.goldstarwives.org)

[www.goldstardads.org](http://www.goldstardads.org)

[www.goldstarmoms.com](http://www.goldstarmoms.com)

## SURVIVOR OUTREACH SERVICES



**Delivering the Army's  
Commitment to Survivors**

Survivor Outreach Services  
provides support services for  
Active, Reserve and  
Army National Guard Families.



**ARMY FAMILY COVENANT:  
Keeping the Promise**

**ARMYOneSource.com**

**Don't like waiting for the  
monthly newsletter, be sure to  
like us on Facebook.**

<http://tinyurl.com/IllinoisSOS>

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## Movies to Watch

The below is for informational purposes only, and is not intended to imply endorsement by the Illinois National Guard or Survivor Outreach Services Program of any event, organization, corporation, or product.

Lone Survivor is a 2013 American war film written and directed by Peter Berg, and starring Mark Wahlberg, Taylor Kitsch, Emile Hirsch, Ben Foster and Eric Bana. It is based on the 2007 nonfiction book of the same name by Marcus Luttrell and Patrick Robinson. Set during the war in Afghanistan, the film dramatizes the failed United States Navy SEALs mission Operation Red Wings, in which a four-man SEAL reconnaissance and surveillance team was tasked to track Taliban leader Ahmad Shah.



### *Survivors Rate the Movie:*

This Month features: Roseann Svitak

Wanted to tell you all that last night Rich and I saw the movie "Lone Survivor" Rather hard to watch but, if I had to rate it, I would give it an EXCELLENT. After the movie was thru showing all those in that theater broke into a resounding applause.....I was glad to see that they named (and showed pictures of) all special forces guys involved in that mission and honored their memory with that movie. It has given us (and I know many more) an even deeper respect for the hardships our Military goes thru in order to provide us with the Freedoms we enjoy. I can only imagine how very hard it must be for the families to see this movie and remember again receiving the news their loved one had perished and then to suffer thru the emptiness that has come with passing years. I am glad we went - it instilled an even deeper pride that we have in Phil AND in his Unit - as they know the dangers involved.....It is true it brought back painful memories but I think of the Survivors from "Phil's" Helicopter and realize now what hell they also went thru on that Mountain and I am so very happy to know the Al Qaeda and Taliban DIDN'T WIN that day - and the Survivors PROVED it and they EARNED their right to "Walk Tall" I am (and I know Rich is also) so very proud of all of

If you would like to tell us about a movie you have recently experienced and think others would enjoy please send an email to [Christine.m.cooper10.ctr@mail.mil](mailto:Christine.m.cooper10.ctr@mail.mil).



## UPCOMING EVENTS/CAMPS:

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# Horse Camp

**Horse Camp is back!**

Choose from six day camp sessions at BraveHearts in Poplar Grove, IL.

Limited number of available seats per session.

Registration is Required

Meals are not provided

Join us for a fun filled day connecting with your service member. Activities includes horseback riding, horse care, and strengthen skills like communication, leadership, resiliency

For all military youth ages 6-17yrs with their service member (or parent/guardian)

**Session Dates:**  
March 8th, 2014  
April 5th, 2014  
May 24th, 2014  
June 21st, 2014  
July 19th, 2014  
September 5th, 2014

From 9am-4pm

To register or additional information, contact

Sara Lesko  
Child & Youth Program Coordinator  
Cell: 512-791-4833  
Office: 708-824-6062  
Email: sara.e.lesko.ctr@mail.mil



**BRAVEHEARTS**  
THERAPEUTIC RIDING &  
EDUCATIONAL CENTER

Slots are still available for all dates. There is no cost for the child and service member (or parent/guardian) for camp. Horse Camp this year is being held at BraveHearts in Poplar Grove, IL out in McHenry County. The camps are on a first come first serve basis per session. We are asking for families to bring a sack lunch and snacks for the day. This is a great opportunity to learn a new skill and connect with your family.



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### Camp Corral - Military Kids Camp

"Free" Week-Long Camp for Military Dependents Ages 8 – 15yrs



Registration is now open !!  
July 6-11, 2014  
4-H Memorial Camp near Monticello, IL.  
Apply online at: [www.campcorral.org](http://www.campcorral.org)

Camp Corral is committed to providing a world-class camping experience for our campers. Each host camp is a little different, but all provide non-stop fun and awesome activities in scenic outdoors areas that span from California to Florida. Camp Corral campers learn new skills, build character and make new friends and memories that will last a lifetime!



Any child from a military family is eligible to apply, although acceptance priority is given to children of wounded, disabled, or fallen military Service members. Additional details can be found on the application website.

**Gold Star Families  
Luncheon  
Saturday, March 8<sup>th</sup>  
11:30 AM**



**EVERYONE WELCOME!**

This is an open invitation to ALL Families of the Fallen

Location:

Brookfield VFW  
8844 West Ogden Ave.  
Brookfield, IL

Doors open at 11:30 AM

**You will need to RSVP to:**

Gary Patriquin at  
[Gary112251@aol.com](mailto:Gary112251@aol.com)  
or call: 815-483-4830  
By Mon. March 3, 2014  
Cost per family: \$5



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**OPERATION HONOR** Presents...

## No Family Left Behind: Helping Families Cope with the Invisible Wounds of War



### Conference and Connection Fair Free and Open to the Public



**When:** Friday – Saturday  
March 14 – 15, 2014  
9:00 am to 4:00 pm  
(Doors open at 8:00 am)

**Where:** Faith Family Church  
704 N Green Mount Rd  
Shiloh, IL 62221

#### Subject Matter Experts Break Out Sessions Veterans Advocacy Groups

Help connect service members and their families with resources to cope with a wide variety of mental health issues.

#### Keynote Speakers:

**Ed Tick, PhD** – A Psychotherapist for 38 years and the author of the award-winning book *War And The Soul*.

**Kate Dahlstedt, M.A.** – A Psychotherapist for 30-years and Director of Soldier's Heart's Women and War Program.

**Mark Russell, PhD, ABPP, USN (ret)** – A Clinical Psychologist described by the U.S. Navy as a "nationally recognized, top-PTSD expert."

- 22 veterans commit suicide everyday
- 57% of children with deployed parents have behavioral issues at home
- 21% of spousal abuse cases involve someone diagnosed with PTSD

Register today at

<http://tinyurl.com/NoFamilyLeftBehind>

CEU's and Childcare Available  
with Advance Registration

Sponsors:



For additional information visit us at [www.operationhonor.net](http://www.operationhonor.net)  
or contact us at [operationhonor@faithfamily.cc](mailto:operationhonor@faithfamily.cc)

Register today at <http://tinyurl.com/NoFamilyLeftBehind>



## UPCOMING EVENTS/CAMPS:

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ICFF is reaching out to Illinois Survivors and treating them to a Abraham Lincoln Museum tour after a day of helpful workshops.

# Save the Date



**ILLINOIS CONNECTIONS FOR  
FAMILIES OF THE FALLEN (ICFF)**

in partnership with Survivor Outreach Services

## Connections in the Capital City!

A joint effort between ICFF and the Illinois National Guard to serve Families of Fallen Service Members.

**April 5, 2014 • 10 am - 4 pm**  
Registration begins at 9 am



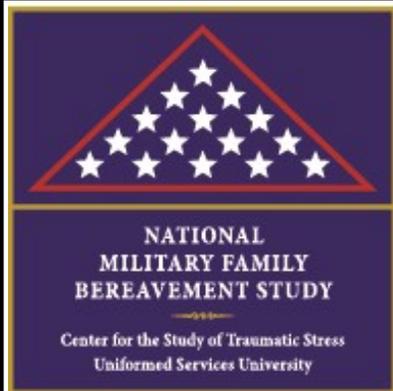
**Hilton Springfield**  
700 East Adams Street, Springfield, IL 62701

## Details Coming Soon!

For questions contact: (312) 265-9109 or [ICFF@hdadvocates.org](mailto:ICFF@hdadvocates.org)

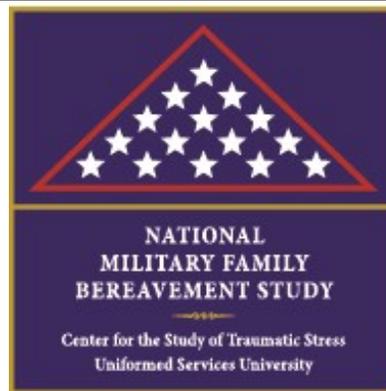


 Find us on Facebook



### Michelle's Thoughts

We can never predict how we will react after we experience the loss of a loved one. Our lives are usually caught off balance though. For me, my biggest challenge remains in getting my fear of not having a future back in balance. Often the more we are



aware of what is happening to us, the easier it is to make it better. Read more at:

<http://www.connect.legacy.com/profiles/blogs/thoughts-about-a-future-cut-short-and-finding-balance>

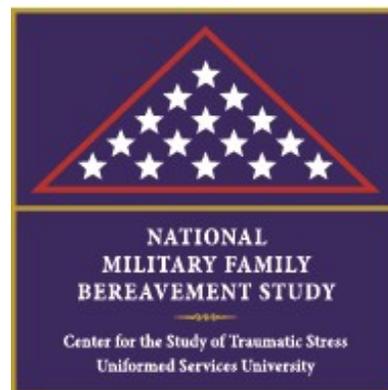
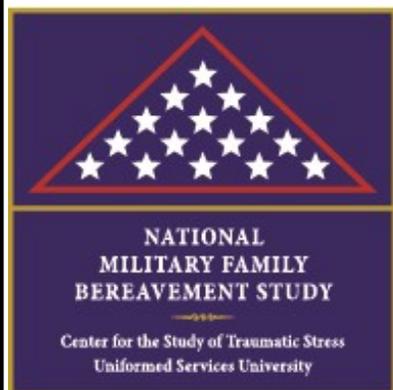
Michelle Linn-Gust, Ph.D., Past President of the American Association of Suicidology, has spent the past twenty years educating people worldwide about coping with loss and change following the suicide of her younger sister. Her eighth book, *Conversations with the Water: A Memoir of Cultivating Hope*, chronicles her grief journey as she moves forward beyond the suicide and loss field. Her first book, based on Denise's suicide, *Do They Have Bad Days in Heaven? Surviving the Suicide Loss of a Sibling*, inspired siblings around the world in their survival after a loved one's suicide. Learn more about Michelle at [www.inspirebymichelle.com](http://www.inspirebymichelle.com).

Michelle also is a field researcher for the National Military Bereavement Study, interviewing families and collecting information that will help strengthen the resources and support those surviving the death of an active duty service member will receive. You are eligible for the study if:

\*Your loved one died by any circumstance of death while on active duty status since September 11, 2001, in any branch of the US Military (Active, Guard, and Reserve Components of the Army, Navy, Air Force, Marines, and Coast Guard).

\* You are the parent (adoptive, biological, custodial)/stepparent; spouse/ex-spouse/adult partner; minor/adult child; biological/step-sibling of the active duty service member who died.

To read more about study and participate in it, go to: [www.militarysurvivorstudy.org](http://www.militarysurvivorstudy.org).





REMEMBER • RESPECT • HONOR  
**GOLD STAR PINS**  
SYMBOLS OF HONOR



*The descriptions on this page are intended to provide an overview of the public law governing the distribution of Gold Star lapel buttons.*

These small lapel buttons, or pins, as they are commonly called, are normally presented to eligible family members prior to the military funeral service. Although they are less than an inch in size, they are packed with great meaning and emotion. They are not awards. They are symbols of honor. Here is how you can tell them apart.

### **GOLD STAR LAPEL BUTTON**



This symbol consists of a gold star on a purple background, bordered in gold and surrounded by gold laurel leaves. It is designated for eligible survivors of service members who lose their lives during any armed hostilities in which the United States is engaged, dating back to World War I. This includes service members who lose their lives while deployed in support of military operations against the enemy or during an international terrorist attack.

### **NEXT OF KIN OF DECEASED PERSONNEL LAPEL BUTTON**



This symbol consists of a gold star within a circle that commemorates his or her honorable service. The gold star is also surrounded by sprigs of oak that represent the branches of the Armed Forces. It is designated for eligible survivors of service members who lose their lives while serving honorably under circumstances not defined above. This includes service members who lose their lives while assigned to a Reserve or National Guard unit in a drill status. It is authorized for issue retroactive to March 29, 1973.

### **Who can wear the pin?**

The family members entitled to receive and wear these symbols are the widow or widower; each child, stepchild, and child through adoption; each brother, half brother, sister, and half sister; and each of the parents (this includes mother, father, stepmother, stepfather, mother through adoption, father through adoption, and foster parents in loco parentis).

### **I did not receive a pin, where do I get one?**

If you are an eligible family member, but did not receive the lapel button to which you are entitled, you can request one through the National Archives. You can also apply for a replacement should yours ever be lost or damaged. If you would like help applying for a new or replacement Lapel Button, contact Army Survivor Outreach Services.

## Information about a valuable resource for military families...



The H.E.R.O.E.S. Care Hometown Support Program is a partnership of national charities working together to provide a system of coordinated, one-on-one care for military families before, during, and after deployment. Specially trained caregivers are assigned to military families who have dedicated access to emergency material and financial aid, confidential mental health care, and job training and placement services made available free of charge.

Since the program's inception in 2009, more than 2100 caregivers in 26 states have received the specialized training to provide one-on-one care to military families in the communities where they live. Members of the military enroll in the program on a voluntary basis. Each service member designates an individual to receive support during deployment as their Primary Care Receiver (PCR). This person can be any family member or 'significant other'. A volunteer from the local community who has been trained in care-giving and the deployment cycle is assigned to that individual. Assignments are gender matched. This Hometown Support Volunteer (HSV) stays in regular contact with the designated family member coordinating local support efforts. The HSV has direct access to affiliated organizations which can provide employment and emergency financial support. The HSV has also been trained to recognize behaviors that might indicate the need for professional mental health care service and make the appropriate recommendation.

The system of support doesn't stop there. In 2013 alone, over \$10 million dollars in material and financial aid was provided to military members and their families. A portion of the material aid provided:

- Over 226,000 pounds of food distributed to needy military families and Veterans
- Over 100,000 new clothing items distributed at military bases and to individual families
- Over 200,000 diapers and other baby care items
- More than 2000 Care Packages sent overseas

For more information about this unprecedented and effective program, its scope and results, visit [www.heroescare.org](http://www.heroescare.org), click on the 'About Us' tab and select the 'Fact Sheet' option.

Questions? E mail us at [president@heroescare.org](mailto:president@heroescare.org).

H.E.R.O.E.S. Care, Inc. A 501 (c) 3 Non-Profit Corporation



## Scholarship Opportunity

*The below is for informational purposes only, and is not intended to imply endorsement by the Illinois National Guard or Survivor Outreach Services Program of any event, organization, corporation, or product.*



## 2014 – 2015 SCHOLARSHIP SEASON OPENS FEBRUARY 1, 2014

Folds of Honor Foundation will begin the 2014-2015 scholarship season on February 1, 2014. Check out each of our scholarship programs below to see if you qualify for one of the three scholarships: [Immediate Use](#) (college scholarship), [Future Use](#) (college scholarship for young children), or [Children's Scholarship Fund](#) (private school tuition or tutoring in primary or secondary education). If you are applying for a college scholarship for the first time with Folds of Honor, please click the APPLY ONLINE button for the [Immediate Use](#) application. If you have received a Folds of Honor [Immediate Use Scholarship](#) any time in the past, please click the APPLY ONLINE button for the [Re-Apply Scholarship](#). If you have received a Children's Scholarship Fund scholarship in the past, please click the APPLY ONLINE button for the [Children's Scholarship Fund](#). For all of our scholarships, you will be able to upload your supporting documents during the application process. If you are unable to upload your documents, you may mail the documents to 5800 N. Patriot Drive, Owasso, OK 74055, ATTN: Scholarship Department.

**ALL APPLICATIONS AND DOCUMENTS MUST BE COMPLETED AND RECEIVED BY FOLDS OF HONOR ON OR BEFORE MIDNIGHT, APRIL 30, 2014. ANY APPLICATION OR DOCUMENTS RECEIVED AFTER THIS DATE WILL NOT BE REVIEWED.**

## SCHOLARSHIP PROGRAMS

Review the available scholarship categories below and select the appropriate program for you and/or your [dependents](#). An application for each person must be filled out completely.

The online application process will take approximately 15 minutes and **cannot** be saved so please have your documents gathered and the appropriate time set aside to complete the process. The application will need to be **printed** at the end of the application process.

**NOTE:** If you have children ages birth through 11<sup>th</sup> grade, he/she may qualify for a [Future Use Scholarship](#).

For more information visit the website at

<https://scholarships.foldsofhonor.org/>



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For more information visit the website at  
[http://militaryscholar.org/legacy/  
index.html](http://militaryscholar.org/legacy/index.html)

## Heroes' Legacy Scholarship

**The 2014 program is now open!**

**Applications must be postmarked by March 15, 2014.**

The "Heroes' Legacy Scholarships" program honors not only those who have fallen in battle, but all who have died or have become disabled through their active military service since September 11, 2001. The program is open to their dependent unmarried children under age 23. A disability is defined as one that results in the service member being eligible for, and receiving, Traumatic Servicemembers' Group Life Insurance (TSGLI) or a permanent and total disability compensation rating of 100%.



## SOS Financial Counseling Services

### “MARK MY WORDS”

Mark Dunlop  
Ft. Leonard Wood, MO  
(573) 596-0153

### Fort Leonard Wood Tax Center

The Fort Leonard Wood Tax Center is located in the Staff Judge Advocate Office in Bldg. 315.

The tax center is open and available to prepare and e-file taxes for Soldiers and their family members at no cost to them. This includes ID card holder Survivors.

Tax preparation is available to Soldiers and their spouses, as well as reservists and guardsmen on active duty orders at Fort Leonard Wood and retirees. The required documents for preparation are as follows:

- Social Security Card – ( a military ID will not work)
- All W-2's and any proof of any other earned or unearned income
- All information regarding any credit or deduction you may wish to deduct
- Last year's tax return
- A Power of Attorney, if required
- If claiming the child/dependent care deduction, you must have total of payments and the caregiver's Social Security Number or Employer's Employee Identification Number
- To claim adjustments, credits, or itemized deductions, have receipts and total amounts
- To claim dependency deduction, a non-custodial parent should have an IRS Form 8332 (Release of Claim of Exemption for Child of Divorced or Separated Parents), separation agreement or divorce decree
- A completed intake sheet (available at the tax center or on the tax center website, [www.wood.army.mil/sja/tax](http://www.wood.army.mil/sja/tax) (If you do not have this, arrive 15 minutes prior to appointment time)
- A check, deposit slip or some proof of bank routing and account number.

Customers are advised to not schedule appointments more than three weeks out.

The current **hours of operation are 9 a.m. to 6 p.m.** and will expand as needed.

Appointments are preferred while walk-ins are allowed as well.

Tax center at GREAT Lakes Navy Base:

Great Lakes, IL NLSO North Central Det Great Lakes 2540 Paul Jones St., Bldg. 2B, Sp. 131 LT Burkhart  
(847) 688-4711 or Bldg. 616, Room 317 (847) 688-4711



## SOS Financial Counseling Services

### “MARK MY WORDS”

Mark Dunlop  
Ft. Leonard Wood, MO  
(573) 596-0153

#### Is Social Security Taxable?

Some people have to pay federal income taxes on their Social Security benefits. This usually happens only if you have other substantial income (such as wages, self-employment, interest, dividends and other taxable income that must be reported on your tax return) in addition to your benefits.

No one pays federal income tax on more than 85 percent of his or her Social Security benefits based on Internal Revenue Service (IRS) rules. If you:

- File a federal tax return as an "individual" and your combined income\* is between \$25,000 and \$34,000, you may have to pay income tax on up to 50 percent of your benefits.
- Make more than \$34,000, up to 85 percent of your benefits may be taxable.
- File a joint return, and you and your spouse have a combined income\* that is between \$32,000 and \$44,000, you may have to pay income tax on up to 50 percent of your benefits more than \$44,000, up to 85 percent of your benefits may be taxable.
- Are married and file a separate tax return, you probably will pay taxes on your benefits.

\*Note: Your adjusted gross income  
+ Nontaxable interest  
+ ½ of your Social Security benefits  
= Your "combined income"

Each January you will receive a [Social Security Benefit Statement](#) (Form SSA-1099) showing the amount of benefits you received in the previous year. You can use this Benefit Statement when you complete your federal income tax return to find out if your benefits are subject to tax.

If you do have to pay taxes on your Social Security benefits, you can make quarterly estimated tax payments to the IRS or [choose to have federal taxes withheld](#) from your benefits.

For more information about taxation of benefits, read page 14 of the Social Security [Retirement Benefits](#) booklet or IRS Publication 915, [Social Security and Equivalent Railroad Retirement Benefits](#).



## SOS Financial Counseling Services

### “MARK MY WORDS”

**Mark Dunlop**  
**Ft. Leonard Wood, MO**  
**(573) 596-0153**

#### **How will the Affordable Care Act (ACA), commonly known as “Obamacare,” affect Service Members and Military Retirees and their Families and Survivors?**

The vast majority of active duty Service Members and their families will see no change in their coverage as a result of the ACA. The only changes will be fee increases, which occur by law. For those paying for Tricare, TRICARE fees may not increase by more than the annual COLA. Military retirees under the age of 65 will see a COLA in their TRICARE fees. TRICARE. Annual Prime fees are \$273.84 for individuals and \$547.68 for families.

TRICARE Young Adult **monthly** fees are \$180 through December 2014 for the TRICARE Prime option, while the fees for the TRICARE Standard option is \$156 **a month**.

Those who are on the Civilian Health and Medical Program for the Department of Veterans Affairs, or CHAMPVA, also are covered completely under the ACA. TRICARE For Life (TFL) meets the minimum standards under the ACA, however, the requirement that all TFL beneficiaries enroll in TRICARE Pharmacy Home Delivery began Feb. 14, 2014; this was a compromise to avoid tripling pharmacy copayments.

All TFL beneficiaries must enroll in home delivery through Express Scripts for maintenance medications and remain in the program for a year, after which beneficiaries may opt out of the program. Express Scripts might issue individual waivers on a case-by-case basis. Nursing home patients and those who use a military treatment facility are exempt. Enroll online or by calling Express Scripts at (877) 363-1303.

#### **New Interactive Online Survivor Benefit Reports**

For several years now, survivor benefits reports have been provided to surviving family members of service members who die on active duty. These reports illustrate benefits for everyone in the household from the Department of Defense, the Department of Veterans Affairs and the Social Security Administration.

Initial reports are posted on a secure website and are accessible to family members for 6 months from the date of the service member's death. Effective immediately, as part of the phased rollout, the new interactive online survivor benefits report will be available for surviving spouses (and others who are eligible for a DS logon premium account), of all service members who have died on active duty; this can then be accessed 24 hours a day, 365 days a year.

These new reports display not only all current and estimated future benefits but also allow survivors to input "what if" type changes to family members' education status and plans, disability status and marital status. This information is invaluable for a family's financial planning.

To access these new reports, you will need to have a new DS logon premium account and password. If you are eligible for a DS logon premium account do not yet have a DS logon premium account, you can visit the Defense Manpower Data Center's website to create one.

<https://www.dmdc.osd.mil/identitymanagement>

If assistance is needed with recovering passwords or accessing reports, users should contact the Family Assistance Support Team at 877-827-2471 or by email at [osbr@afsc.com](mailto:osbr@afsc.com). To log in and view personal reports, select the appropriate branch of service below, and then follow the instructions on the site:



## Survivor Outreach Services (SOS)

SOS was created to embrace and reassure Survivors that they are continually linked to the Army Family through a unified support program that enables them to remain an important part of the Army for as long as they desire.

The SOS program continuously strives to provide the highest quality of services to surviving Family members of fallen Warriors. As such, we want to provide you with information on the SOS program in your area. We stand ready to serve you and answer your questions.

### **Services Available:**

- Provide Expertise on State & Federal Survivor benefits
- Arrange for estate and financial advice
- Connect Survivors with mental health support/counseling
- Provide assistance in obtaining military reports
- Provide Survivors with resource referrals for:
  - Peer Support
  - Bereavement Counseling
  - Emergency Financial Services
  - Military Legal Assistance
  - TRICARE
  - Educational Benefits
  - Benefits Assistance

### **A word from the SOS Army Reserve Coordinator**

Hello, this is Dawn Sands, Army Reserve Survivor Outreach Services Support Coordinator. I'm excited to be working on scheduling ongoing events and educational sessions for Survivors to come together and participate in. We are in the process of finalizing details for the next two events we are hosting. *Gold Star Wives Night Out* will be held in April and our Memorial Day "*Celebration of Service*" event will be held in May. Details will be sent out soon. If you are interested in being on our mailing list please call or email me at the following contact information, 630-739-7287, or [dawn.m.sands.ctr@mail.mil](mailto:dawn.m.sands.ctr@mail.mil).

Check us out online at:

<http://www.il.ngb.army.mil/family/survivoroutreach>

## Helpful Contacts and Resources:



**ILLINOIS CONNECTIONS FOR  
FAMILIES OF THE FALLEN (ICFF)**

Check out the Illinois Connections for Families of the Fallen (ICFF)  
“Community Connections” Resource Guide!

[http://www.nchsd.org/libraryfiles/HDAFiles/Veterans%20Project/11\\_11\\_Resourcesguide.pdf](http://www.nchsd.org/libraryfiles/HDAFiles/Veterans%20Project/11_11_Resourcesguide.pdf)



U. S. A R M Y  
**SURVIVOR  
OUTREACH  
SERVICES**



*Helping Survivors cope with their loss for as long as they desire.*

Visit your local SOS Office.

Christine Cooper, SOS Support Coordinator  
Joint Forces Headquarters, 1301 N. MacArthur Blvd, Springfield, IL 62702-2399  
(217) 761-3382 office, (217) 316-1191 cell,  
email: [christine.m.cooper10.ctr@mail.mil](mailto:christine.m.cooper10.ctr@mail.mil)

Jim Frazier, SOS Support Coordinator  
Woodstock Armory, 1301 Sunset Ridge Road, Woodstock, IL 60098  
(708) 646-5933 cell, email: [james.l.frazier61.ctr@us.army.mil](mailto:james.l.frazier61.ctr@us.army.mil)

Robert Sheahan, SOS Support Coordinator  
East St. Louis Armory, 2931 State Street, East St. Louis, IL 62205-2233  
(618) 558-4196 cell, email: [robert.e.sheahan.ctr@mail.mil](mailto:robert.e.sheahan.ctr@mail.mil)

Jack Wilson, SOS Support Coordinator  
Building 110, East Avenue, Rock Island, IL  
(309) 782-8253 office, email: [jack.wilson2@us.army.mil](mailto:jack.wilson2@us.army.mil)

Dawn Sands, SOS Support Coordinator  
10 S 100 South Frontage Road, Darien, IL  
(630) 739-7287 office, email [dawn.m.sands.ctr@mail.mil](mailto:dawn.m.sands.ctr@mail.mil)