



DEPARTMENT OF THE ARMY
2nd GENERAL STUDIES BATTALION 129TH REGIMENT (RTI)
1301 NORTH MACARTHUR BOULEVARD
SPRINGFIELD, ILLINOIS 62702-2399

REPLY TO
ATTENTION OF

W8GAA2-Combatives

23 April 2013

SUBJECT: Combatives School Letter of Instruction

1. PURPOSE: The purpose of this letter of instruction (LOI) is to establish all necessary information to be put out to Basic Combatives Course students.
2. SCOPE: This LOI is applicable to all Combatives students and instructors.
3. REFERENCE: TC 3-25.150, Modern Army Combatives System, 24 Sep 2012
4. Congratulations of your selection to attend the Modern Army Combatives Program Basic Combatives Course conducted by the 129th RTI (Regional Training Institute) in Springfield, Illinois, 8-12 July 2013. Your orders may read 07 July 2013 if you live outside of commuting distance to allow for travel to Springfield. If you feel you will not be able to attend, contact your Unit Administrator immediately to cancel your reservation from this course.
5. Students will report to the Illinois Military Academy, Camp Lincoln, 1301 N. MacArthur Blvd., Springfield, IL. Students must report in ACU's per AR 670-1 promptly at 0730 on Monday, 8 July 2013, for in processing. During in processing you will be required to submit the following documents. Soldiers who fail to provide documentation will be denied enrollment:
 - a. A copy of a valid DA Form 705 that reflects a passing score on the standard three-part APFT or an approved alternate APFT. This test must be within 12 months prior to the graduation date of 12 July 2013. AGR soldiers must be within six months prior to the graduation date.
 - b. Fitness Level and Eye surgery: Due to the rigorous nature of Combatives, students must arrive physically fit and free of limiting profiles. All students will have a current physical (month/year) annotated on their Pre Execution Check list. Soldiers with temporary profiles are not allowed to enroll in the course. Soldiers who have had **LASIK** surgery and retina injuries must be identified upon arrival.
 - c. ACUs without all hook and loop items (unit patches, rank, name tape) and pin on skill badges. No belt with metal will be worn. Removal of zipper and hook and loop material recommended but not required. ACU top may be worn zipped up or open but all exposed zipper must be covered with standard athletic tape. Its highly recommended that each student be prepared to utilize two clean ACU uniforms per training day. Clothes washers and dryers are available at the IMA.

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d. The only authorized footwear while on the mats is wrestling shoes or bare feet. The Combatives Uniform is for the Combatives Training Area Only. If students wish to travel outside of the Combatives Training Area (IMA drill floor and classroom) during regular duty hours they must change into full serviceable ACUs. This includes leaving for lunch, breaks, or visiting the PX.

e. Other required items you need to bring are:

- Mouth piece (can be purchased at any sporting goods store)
- Note taking material
- Shower shoes
- Large water bottle
- Cotton or fabric belt that can be tied (to keep pants up). No metal items will be worn in training
- Personal hygiene items
- Laundry detergent
- Athletic tape

6. Government rations are available. Meals will be served beginning with breakfast at 0700 on 08 July 2013 thru Lunch on 12 July 2013. You will most likely be released prior to 1500 on the 19 April 2013.

7. Government quarters are available. Students will be housed at the Illinois Military Academy. Sheets, towels, pillows are provided. Students need to call the IMA and make billeting reservations at 217-761-1200 / 1201. **Payment is due at check out; cash, check and credit cards are accepted.** BEQ room fees are \$15 per night for a double occupancy, \$20 per night for a single occupancy and will be issued based on rank and availability. No statements of non-availability will be issued.

8. Personal Hygiene is extremely important. All students will start each day with a clean uniform. All students will shower a minimum of once a day. It is preferable for students to shower immediately after each day of training, and prior to the start of the next days training to help prevent the spread of ring-worm, staph infections, and other communicable diseases. All students will not smoke any time while in the combatives uniform. All students will brush their teeth daily prior to each class. All students will keep their finger and toe nails trimmed as to not cause a hazard for themselves or others.

9. Drinking alcohol is prohibited during your attendance to the U.S. Army Combatives course on any day or night prior to a training day. Sexual Harassment is prohibited at all times.

10. **Students should be aware the normal duty day will generally run from 0730 hrs until 1700 hrs daily.** Students enrolled in this course should be considered attached to the 129th Regiment during the duration of the course and should not be expected to perform normal duty requirements. Those who cannot attend class due to other commitments or those who are determined to be a hazard to themselves and/or others will be dropped on a case by case basis. The Primary Instructor has the final decision authority on student's eligibility to remain in the course.

W8GAA3-Combatives

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11. I welcome you to the Modern Army Combatives Program Tactical Combatives Course and look forward to meeting you. If you have any questions or issues that need to be resolved concerning your attendance at this course, contact SSG Daniel Brown at commercial: (217) 761-1245, email: daniel.r.brown7.mil@mail.mil.

2 Encls:

1. Injury Screening Form
2. Volunteer Statement



MARK WHITLOCK
LTC, IN, ILARNG
Commander