



DEPARTMENT OF THE ARMY
3rd GENERAL STUDIES BATTALION 129TH REGIMENT (RTI)
1301 NORTH MACARTHUR BOULEVARD
SPRINGFIELD, ILLINOIS 62702-2317

REPLY TO
ATTENTION OF

W8GAA3-Combatives
2013

22 April

MEMORANDUM FOR Combatives Student

SUBJECT: Combatives School Letter of Instruction

1. Purpose: The purpose of this letter of instruction (LOI) is to establish all necessary information for Tactical Combatives Course students.
2. Scope: This LOI is applicable to all Combatives students and instructors.
3. Reference: TC 3-25.150, Modern Army Combatives System, 24 Sep 2012
4. Congratulations of your selection to attend the Modern Army Combatives Program Tactical Combatives Course conducted by the 3-129th Regiment (RTI) in Springfield, IL, 22 Jul – 02 Aug 2013. If you feel you will not be able to attend, contact your Unit Administrator immediately to cancel your reservation from this course.
5. Students will report to the Illinois Military Academy, Camp Lincoln 1301 N. MacArthur Blvd., Springfield, IL 62702. Students must report in the ACU promptly at 0730 on Monday, 22 July 2013, for in processing. Soldiers who fail to provide the required documentation listed below will be denied enrollment:
 - a. A copy of a valid DA Form 705 that reflects a passing score on the standard three part APFT or an approved alternate APFT. This test must be within 12 months prior to the class graduation date. AGR Soldiers must be within six months prior to the graduation date.
 - b. A copy of the student's Basic Combatives Course (Level I) Certificate of Training
 - c. Fitness Level and Eye Surgery: Due to the rigorous nature of Combatives, students must arrive physically fit and free of limiting profiles. Soldiers with temporary profiles are not allowed to enroll in the course. Students with prior eye surgeries (LASIK, PRK, etc) or injuries must identify themselves upon arrival.
 - d. ACUs without all hook and loop items (unit patches, rank, name tape) and pin on skill badges. No belt with metal will be worn. Removal of zipper and hook and loop material recommended but not required. ACU top may be worn zipped up or open but all exposed zipper must be covered with standard athletic tape. It is highly recommended that each student be prepared to utilize two clean ACU uniforms per training day. Clothes washers and dryers are available at the IMA.

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e. The only authorized footwear while on the mats is wrestling shoes or bare feet. The Combatives Uniform is for the Combatives Training Area Only. If students wish to travel outside of the Combatives Training Area (IMA building) during regular duty hours they must change into full serviceable ACUs.

f. Other required items you need to bring are:

- Fitted mouth piece
- Groin protector (optional for females)
- Athletic tape
- Note taking material
- Shower shoes
- Large water bottle
- Personal hygiene items
- Laundry detergent
- ACH or other helmet as issued
- IBA or other protective vest as issued
- Elbow and knee pads
- Gloves

6. Government rations are available. Meals will be served beginning with breakfast at 0700 on 22 Jul 2013 thru lunch on 02 Aug 2013. Your release time is 1600 on 02 Aug 2013.

7. Government quarters are available. Students will reside at the Illinois Military Academy (IMA). The IMA provides sheets, towels and pillows. Students must call the IMA and make billeting reservations at 217-761-1200 / 1201. **Payment is due at check out; cash, check and credit cards are accepted.** BEQ room fees are \$15 per night for a double occupancy, \$20 per night for a single occupancy and will be issued based on rank and availability. No statements of non-availability will be issued.

8. Personal Hygiene is extremely important. All students will start each day with a clean uniform. All students will shower a minimum of once a day. It is preferable for students to shower immediately after each day of training, and prior to the start of the next days training to help prevent the spread of ring-worm, staph infections, and other communicable diseases. All students will not smoke any time while in the combatives uniform. All students will brush their teeth daily prior to each class. All students will keep their finger and toe nails trimmed as to not cause a hazard for themselves or others.

9. Consumption of alcohol is prohibited during your attendance to the U.S. Army Combatives course on any day or night prior to a training day.

10. **Students should be aware the normal duty day will generally run from 0730 until 1700 daily.** Students enrolled in this course should not be expected to perform normal duty requirements. Those who cannot attend class due to other commitments or those who are determined to be a hazard to themselves and/or others will be dropped on a case by case basis. The Commander has the final decision authority on student's eligibility to remain in the course.

W8GAA2-Combatives

SUBJECT: Combatives School Letter of Instruction

11. I welcome you to the Modern Army Combatives Program Level One Course and look forward to meeting you. If you have any questions or issues that need to be resolved concerning your attendance at this course, contact SSG Daniel Brown at commercial: (217) 761-1245, email: daniel.r.brown7.mil@mail.mil.

FOR THE COMMANDER

2 Encls

1. Injury Screening Form
2. Volunteer Statement



MARK WHITLOCK
LTC, IN, ILARNG
Commanding