



TRICARE
SUPPLEMENT
To
Illinois National Guard
Readiness Guide



Active Duty Dental Program

Once DEERs is updated to reflect a member's Early Activation Orders, the Reserve Component Service Member will be enrolled in the Active Duty Dental Program (ADDP). If the members' home of record and unit zip code are more than 50 miles from a Dental Treatment Facility (DTF), the member will be enrolled in the Remote ADDP. If the home of record or unit zip code is within 50 miles of the DTF, they must receive care or referral from the DTF.

ADDP can be reached at 1-866-984-ADDP (2337). This is for the member only.

Information can be located at www.addp-ucci.com. On the left, the member can click Active Duty Service Member Active Guard & Reserve panel.

Scroll down and click on Remote Active Duty Dental Program

If you need routine dental care, you will need to complete the Appointment Request Form. Prior to entering the form, you can choose a dentist from their listing. On the left side of the screen, click on Find a Dentist, input your zip code, choose other for mileage and input 50. This will provide you a list of dentists within a 50 mile radius of your home of record (HOR). If there is no dentist within 50 miles, please call the ADDP and inform them there is no dentist within the 50 mile radius.

If you need an appointment or already have an appointment scheduled, you are required to complete the Appointment Request Form. In the "notes" field, please input the dentist, date and time of the appointment. The Appointment Request Form can be found by following the above instructions on the website www.addp-ucci.com.

In either case, you can NOT go to the dentist for routine care only without the Appointment Control Number (ACN). If you do, you may be responsible to pay out of pocket for 100% of the dental service provided.

If you need coverage for your family, please refer to the TRICARE Dental Program information.

DELTA DENTAL for RETIREES

Please visit the following website: <http://www.trdp.org/>



Early Activation

Terms associated with this program are as follows and they all mean the 180 Day early TRICARE:

1. Early Activation 2. Pre-Alert 3. Delayed-effective-date active duty orders

Prime: A managed care option similar to a civilian health maintenance organization and is geographically limited. Unless the ADSM is overseas, they will then refer to TRICARE Overseas.

Prime Remote: Provides health care coverage through civilian network or TRICARE-authorized providers for Uniformed Service members who are assigned to duty stations in remote areas, typically 50 miles from a Military Treatment Facility (MTF) usually located at an Active Duty Base. TRICARE Prime Remote for Active Duty Family Members (TPRADFM) is the TRICARE Prime Remote (TPR) benefit for family members with similar benefits and program requirements. Both TPR and TPRADFM require enrollment.

Standard: A fee-for-service option where the beneficiary pays higher amounts for the freedom to choose from a larger provider pool without having to get a prior-authorization for most TRICARE covered medical services.

Once eligible for Early Activation, National Guard and Reserve members will remain in Direct Care.

- If you are within a 50 mile radius and one hour drive time of a Medical Treatment Facility (MTF) or TRICARE Prime Provider, you **MUST** utilize those options for treatment
- If you are more than 50 miles and one hour drive time, you will need to call your TRICARE Regional Contractor prior to visiting a doctor's office or Urgent/Prompt Care for pre-approval.
- If it is an emergency, you will need to go to the closest Emergency Room (ER) for treatment. You or a family member will need to call your TRICARE Regional Contractor within 24 hours of your ER visit.

For the family under Early Activation, a member needs to verify if their family is eligible for TRICARE Prime Remote. If their family is utilizing Prime/Prime remote, you will enroll them by completing DD Form 2876 and forwarding to the appropriate TRICARE Regional Contractor.

To verify if you are eligible for Prime Remote in the North Region:

- Go to www.hnfs.com
- Choose "I'm a Beneficiary" (on left under the TRICARE North Region)
- In need to... section click on Learn About TRICARE Plans (on left)
- Choose TRICARE Prime Remote in list
- Under TPR/TPRADFM Plan Details, click Eligibility



- Under National Guard and Reserve members and their families, the second bullet point has the words “Click Here”. In the next screen, you will input the zip code of your home of record and the installation you are assigned to. Click submit.

A screenshot of the Health Net Federal Services website in Internet Explorer. The browser address bar shows 'https://www.hnfs.com/'. The website header includes the Health Net logo and the tagline 'Committed to Providing Quality Health Care Services'. Below the header, there are three main content columns: 'TRICARE® North Region', 'Department of Veterans Affairs Programs', and 'Products and Services'. A callout box with the text 'Click here' and an arrow points to the 'TRICARE® North Region' section. The 'TRICARE® North Region' section lists options: 'I'm a Beneficiary', 'I'm a Provider', and 'I'm a Department of Defense Member'. The 'Department of Veterans Affairs Programs' section lists: 'Community Based Outpatient Clinics', 'Preferred Pricing', 'Recovery Audits', and 'Rural Mental Health'. The 'Products and Services' section lists: 'Military & Family Life Counselor Program', 'Behavioral Health', 'State Programs', and 'OHS Direct Clinical Services'. At the bottom, there is a 'Latest News' section with two articles: 'Diabetic Seniors Urged to be Heart Smart' and 'Health Net's & UCLA's Health Literacy Social Media Program Opens to All Teens Nationwide'. The browser status bar at the bottom indicates 'Internet | Protected Mode: On' and a zoom level of 100%.



Beneficiary - Internet Explorer provided by USAF
https://www.hnfs.com/content/hnfs/home/tr/bene.html

Find a ...

- Doctor or Health Care Provider
- New Primary Care Manager (PCM)
- Military Treatment Facility or TRICARE Service Center
- Covered Benefit
- Copayment or Cost-Share Amount
- Common Term or Acronym

I Need To ...

- Get Authorization or Referral Status
- Check Authorization or Referral Requirements
- Learn About TRICARE Plans
- Make an Enrollment Payment
- Check My TRICARE Eligibility

Behavioral Health

- Behavioral Health Resource Center
- Get Help Now
- Find a Counselor
- Post-Traumatic Stress Disorder (PTSD)

How are we doing?

Share your experience ...
We Appreciate Your Feedback

Health Net Federal Services' website provides answers to your TRICARE questions. Use the category tabs above and the category boxes on the left and right sides to quickly locate information.

News and Updates

- TRICARE and Express Scripts Issue Emergency Refill Too Soon Procedures for Tornado-Hit States - 3/6/12
- Two New Clinics in Fort Bragg, N.C. Open for Enrollment - 3/6/12
- 2012 TRICARE Standard Health Matters Newsletter Now Online - 3/1/12
- Questions about charges from Express Scripts? - 2/17/12
- Beneficiary Web Enrollment Transition Starts Feb. 11, 2012 - 2/10/12

More >>

Frequently Asked Questions

- Who is my primary care manager?
- What if I need to be seen today?
- What do I do if I've moved?
- How do I change the doctor on my referral?

More >>

TRICARE Plan Options For ...

- Active Duty Service Members and Their Families
- National Guard and Reserve and Their Families
- Retirees and Their Families
- Medicare-Eligible
- Survivors
- Young Adults

Need A Form?

- Enrollment/Primary Care Manager Change
- TRICARE Reserve Select (TRS)
- Other Health Insurance
- Balance Medical Information

Click here

Your TRICARE Plan Options - Internet Explorer provided by USAF
https://www.hnfs.com/content/hnfs/home/tr/bene/plans.html

Health Net FEDERAL SERVICES

My Account | En Español | Size A A A | Search [] Go

HOME ENROLLMENT AUTHORIZATIONS CLAIMS BENEFITS & COPAYS WELLNESS RESOURCES

HNFS.COM > Beneficiary > TRICARE Plans

Find a ...

- Doctor or Health Care Provider
- New Primary Care Manager (PCM)
- Military Treatment Facility or TRICARE Service Center
- Covered Benefit
- Copayment or Cost-Share Amount
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I Need To ...

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Your TRICARE Options

Every beneficiary's situation is different and TRICARE offers plan options to help meet everyone's health care needs.

Eligibility for TRICARE is determined by the information in the Defense Enrollment Eligibility Reporting System.

Current TRICARE Plans

- TRICARE Prime
- TRICARE Prime Remote
- TRICARE Standard and Extra
- TRICARE Reserve Select
- TRICARE Retired Reserve
- TRICARE Young Adult
- TRICARE For Life
- TRICARE Prime Overseas
- TRICARE Prime Remote Overseas
- TRICARE Standard Overseas
- Transitional Assistance Management Program
- Extended Care Health Option
- Continued Health Care Benefit Program
- US Family Health Plan

Your TRICARE plan options are based upon who you are and where you live.

TRICARE Plan Options by Beneficiary Type

Click here



TRICARE Prime Remote - Internet Explorer provided by USAF

https://www.hnfs.com/content/hnfs/home/tn/bene/plans/tricare_prime_remote.html

HOME ENROLLMENT AUTHORIZATIONS CLAIMS BENEFITS & COPAYS WELLNESS RESOURCES

HNFS.COM > Beneficiary > TRICARE Plans > TRICARE Prime Remote

Find a ...

- Doctor or Health Care Provider
- New Primary Care Manager (PCM)
- Military Treatment Facility or TRICARE Service Center
- Covered Benefit
- Copayment or Cost-Share Amount
- Common Term or Acronym

I Need To ...

- Get Authorization or Referral Status
- Check Authorization or Referrals
- TRICARE Plans
- Payment
- Check My TRICARE Eligibility

Behavioral Health

Behavioral Health Resource

TRICARE Prime Remote Plans



TRICARE Prime Remote

TRICARE Prime Remote (TPR) is a health care program for active duty service members who are assigned to permanent duty stations that are typically 50 miles or more from a military treatment facility (MTF). TPR is offered in the 50 United States only and requires enrollment.

TRICARE Prime Remote for Active Duty Family Members

TRICARE Prime Remote for Active Duty Family Members (TPRADFM) is a TRICARE plan option similar to TRICARE Prime. For eligibility requirements, please click on the link below. You must submit a TRICARE Prime Enrollment Application and PCM Change Form to enroll with TPRADFM. Retirees and other non-active duty family members are not eligible for TPRADFM.

TPR / TPRADFM Plan Details

- Eligibility
- Benefits and getting care
- Service Points of Contact (SPOC)
- Dental care
- Additional information

Click here

Details - Internet Explorer provided by USAF

https://www.hnfs.com/content/hnfs/home/tn/bene/plans/tricare_prime_remote/details.html

HOME ENROLLMENT AUTHORIZATIONS CLAIMS BENEFITS & COPAYS WELLNESS RESOURCES

HNFS.COM > Beneficiary > TRICARE Plans > TRICARE Prime Remote > Details

Find a ...

- Doctor or Health Care Provider
- New Primary Care Manager (PCM)
- Military Treatment Facility or TRICARE Service Center
- Covered Benefit
- Copayment or Cost-Share Amount
- Common Term or Acronym

I Need To ...

- Get Authorization or Referral Status
- Check Authorization or Referral Requirements
- Learn About TRICARE Plans
- Make an Enrollment Payment
- Check My TRICARE Eligibility

TRICARE Prime Remote Plan Details

Who Is Eligible?

Active duty service members and their families

- Active duty service members (ADSMs) must live AND work more than 50 miles or about one hour's drive time from the nearest military treatment facility (MTF). View the TRICARE Prime Remote ZIP Code Look-Up Tool for eligible ZIP codes.
- ADSMs are eligible to enroll in TRICARE Prime Remote for Active Duty Family Members (TPRADFM) if they live with their TRICARE Prime Remote (TPR)-enrolled sponsor.

National Guard and Reserve members and their families

- National Guard and Reserve members must be activated for more than 30 consecutive days.
- Members must live AND work more than 50 miles or about one hour's drive time from the nearest MTF. Check here for eligible ZIP codes.

Note: members do not enroll in TPR until they reach their final duty station. Members do not qualify to enroll with TPR while on early eligibility orders.

- Family members must live with the service member on the date the sponsor was called to active duty. Family members are not eligible for TPRADFM if they move from the location where their sponsor was called to active duty.
- National Guard and Reserve members are not required to be enrolled in TPR for his or her family to enroll in TPRADFM.
- The reserve component service members' residence address must be current in the Defense Enrollment Eligibility Reporting System (DEERS). To verify or update the address, log in to the milConnect website.

To be eligible for benefits you must be enrolled in DEERS. **Note:** Many National Guard and Reserve families may have continuing relationships with providers who are not in the TRICARE Prime network. In these cases, enrolling in TPRADFM may not be the best choice—instead, using TRICARE Standard may be the most feasible option.

Click here



TRICARE Prime Remote ZIP Code Look-Up Tool

To see if a beneficiary may qualify for TRICARE Prime Remote, enter the sponsor's home and work ZIP codes in the window below and click "SUBMIT."

You must enter both ZIP codes. If the sponsor has not yet received a duty assignment, please use the home ZIP code in the fields.

Home ZIP Code: 61611 Work ZIP Code: 61607 Submit >> Reset

Click [here](#) to look up a ZIP code through the U.S. Postal Service.

I Need To ...

- Get Authorization or Referral Status
- Check Authorization or Referral Requirements
- Learn About TRICARE Plans
- Make an Enrollment Payment
- Check My TRICARE Eligibility

Note: members do not enroll in TPR until they reach their final duty station. Members do not qualify to enroll with TPR while on early eligibility orders.

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To be eligible for benefits you must be enrolled in DEERS. **Note:** Many National Guard and Reserve families may have continuing relationships with providers who are not in the TRICARE Prime network. In these cases, enrolling in TPRADFM may not be the best choice—instead, using TRICARE Standard may be the most flexible option.

The following statement will appear:

Based on the ZIP codes you provided, the beneficiary may qualify to enroll in TRICARE Prime Remote in the North Region. The North Region contractor is Health Net Federal Services, Inc.

Do not call-in, the representative will do what you just did. Complete the DD Form 2876 Enrollment and send in to appropriate contractor.

TRICARE Prime Remote ZIP Code Look-Up Tool

Based on the ZIP codes you provided, the beneficiary may qualify to enroll in TRICARE Prime Remote in the North Region. The North Region contractor is Health Net Federal Services, Inc.

Click [here](#) to learn more about TRICARE Prime Remote

Call Health Net at 1-877-TRICARE (1-877-874-2273) or click [here](#) to visit their Web site

Need To ...

- Get Authorization or Referral Status
- Check Authorization or Referral Requirements
- Learn About TRICARE Plans
- Make an Enrollment Payment
- Check My TRICARE Eligibility

Note: members do not enroll in TPR until they reach their final duty station. Members do not qualify to enroll with TPR while on early eligibility orders.

- Family members must live with the service member on the date the sponsor was called to active duty. Family members are not eligible for TPRADFM if they move from the location where their sponsor was called to active duty.
- National Guard and Reserve members are not required to be enrolled in TPR for his or her family to enroll in TPRADFM.
- The reserve component service members' residence address must be current in the Defense Enrollment Eligibility Reporting System (DEERS). To verify or update the address, log in to the milConnect website.

To be eligible for benefits you must be enrolled in DEERS. **Note:** Many National Guard and Reserve families may have continuing relationships with providers who are not in the TRICARE Prime network. In these cases, enrolling in TPRADFM may not be the best choice—instead, using TRICARE Standard may be the most flexible option.



Effective date of Prime or Prime Remote depends on the receipt of DD Form 2876. The Service Member is covered as of the date of receipt of the application, but the family members, if the Service Member enrolls them, will follow the 20th of the Month rule.

If received by the 20th of the month, the effective date is the 1st of the next month. If received after the 20th, the effective date will be the 1st of the following month.

Example: Form received from March 21st to April 20th, the effective date is May 1st.
Form received from April 21st to May 20th, the effective date is June 1st.

Prime and Prime Remote requires enrollment. The Military Member must complete DD Form 2876. The form should be mailed or faxed into the appropriate region. When mailing, your only proof of receipt is to send the form certified with return receipt through the US Postal Service.

If you are in TRICARE North, you may fax the form to 1-888-244-4181. Ensure you get a receipt from the fax machine that the form was sent and successfully transmitted. TRICARE North is administered by Health Net Federal Services. www.hnfs.com Covers members residing in: CT, DE, IL, IN, KY, MA, MD, ME, MI, NC, NH, NJ, NY, OH, PA, RI, VA, VT, WI, WV

TRICARE South: 1-877-298-3408 phone number. Covers members residing in: AL, AR, FL, GA, LA, MS, OK, SC, TN, Majority of TX

To determine eligibility, go to www.humana-military.com; click on Beneficiary (on left); TRICARE Plans (on tool bar); TRICARE Prime Remote (under Plans and Programs); Program Overview (scroll down located in middle of screen); In the section labeled “Key features of TRICARE Prime Remote”, click on TPR & designated Zip Code Area. Please refer to Screen Print 1 above.

TriWest: 1-888-874-9378 phone number www.health.mil. Covers members residing in: AK, AZ, CA, CO, HI, IA, ID, KS, MN, MO, MT, ND, NE, NM, NV, OR, SD, UT, WA, WY and a small portion of TX

To determine eligibility, go to www.triwest.com, click on Beneficiary (on left); Enrollment (on left); to the right under Verify Eligibility click on Prime Enrollment Opportunities; input complete home of record address & beneficiary type & branch of service; click go. If you receive the following message, you will need to complete DD Form 2876

The location you entered is not within the service area of a Military Clinic for active duty service members (ADSM). You may be eligible to enroll into [TRICARE Prime Remote](#). Visit [TRICARE](#) for information on eligibility. Find a local primary care manager using [TriWest Provider Directory](#). The Provider Directory should be considered reference only, pending eligibility determination.



Prime/Prime Remote

TRICARE Prime Service Area (PSA)

- Area defined as an approximate 40-mile radius around an MTF (actual radius can vary by military installation)
- TRICARE-eligible beneficiaries living within the Prime service area are eligible for Prime
- Beneficiaries living outside the Prime service area may be eligible for TRICARE Prime Remote for Active Duty Family Members (TPRADFM)

Eligibility for TRICARE Prime Remote / TPRADFM

- National Guard or Reserve sponsor
 - Activated more than 30 consecutive days
 - Live and work more than 50 miles (or an hour’s drive time) from an MTF
 - Sponsor’s residence address must be in DEERS
 - Family must reside with sponsor in a designated TPR ZIP code **at time of activation**

Enrolling in TRICARE Prime / TRICARE Prime Remote for ADFM

- Submit completed enrollment application to your regional contractor
 - If received by 20th of month, coverage begins 1st of next month
 - If received after 20th of month, coverage begins 1st of following month
- Select a PCM
 - From military treatment facility (MTF) or TRICARE network
 - For TPRADFM, select any TRICARE-authorized provider if a network PCM is not available on application notate Unassigned PCM

TRICARE Prime/TPRADFM Costs

Enrollment Fees	\$0.00
Deductible	\$0.00
Outpatient Costs	\$0.00
Inpatient Costs	\$0.00
Emergency Care	\$0.00
Catastrophic Cap	\$1,000 per family per Military Fiscal Year

Referrals and Authorizations

- **Referral:** The act or instance of referring a beneficiary to another authorized provider for necessary medical or behavioral health care treatment.
- **Prior Authorization:** A decision issued electronically or in writing that states TRICARE will cover services that have not yet been received. Failure to obtain a prior authorization when required will result in a denial of payment for those services or claim will pay POS.



Point of Service Option

- Seek nonemergency/specialty care without a referral or prior authorization
- Higher out-of-pocket costs
- *Annual Deductible:* \$300/individual or \$600/family
- *Cost-Shares:* 50% after POS deductible is met
- POS fees not reimbursed by TRICARE
- POS fees **do not** apply to the annual catastrophic cap

Emergency Care

- Call 911
- Visit nearest emergency room
- Notify your PCM or Regional Contractor within 24 hours of any emergency admission so that your follow-up care can be coordinated (if enrolled in TRICARE Prime or Prime Remote)
- A family member can call on your behalf

IMPORTANT: If you are in the Emergency Room and the Doctor wants to release you and come back the next day for tests, ask them to **NOT** release you until after the tests are complete. If you are released, the doctor **MUST** submit for prior authorization before the procedure can be administered. This could take 2 – 3 weeks for the approval.

Urgent Care

- Medically necessary treatment that is required for illness or injury
- TRICARE Prime/Prime Remote beneficiary must coordinate urgent care with PCM or Regional Contractor before receiving care
- A TRICARE Prime/Prime Remote beneficiary who seeks urgent care services without coordinating with his or her PCM will be utilizing the TRICARE Point-of-Service (POS) option

Nonemergency Health Care While Traveling

- All routine medical care should be taken care of before you depart or delayed until you return and can see your PCM
- For out-of-area urgent/acute care, you must coordinate with your PCM or Regional Contractor for an authorization before seeking care if enrolled in TRICARE Prime/Prime Remote
- For out-of-area emergency care, call 911 or go to the nearest emergency room (civilian or military)



Retiree (Medical Only)

A retiree is currently eligible once they reach 20 or more years of active duty or if they retire from the Reserve Component, once they reach the age of 60. You have 2 options:

- TRICARE Prime: Premium is payable monthly, quarterly, or annually. Currently \$520.00 Family or \$260 Individual per year. Before making any decisions, please visit www.TRICARE.mil to verify if there have been any rate changes.

Annual Deductible	\$0.00
Outpatient Visits	\$12.00 copayment per visit
Clinical Preventive Services	\$0.00 copayment per visit
Durable Medical Equipment, Prosthetics, Orthotics, and Supplies	20% of negotiated fee
Hospitalization	\$11.00 per day (\$25.00 minimum charge)*
Emergency Services	\$30.00 copayment per visit
Ambulatory Services	\$25.00 copayment
If your stay lasts 1 to 2 days, your charge for this stay will be \$25.00. For 3 or more days, you will be charged \$11.00 times the number of days.	

- TRICARE Standard: Currently there is no premium. Before making any decisions, please visit www.TRICARE.mil to verify if there have been any rate changes. **Standard also allows for Freedom of Choice when choosing a doctor.**

Deductible per Military Fiscal Year	\$150.00 Individual or \$300.00 Family
Outpatient Visits	25% after the annual deductible is met
Clinical Preventive Services	25% after the annual deductible is met
Durable Medical Equipment, Prosthetics, Orthotics, and Supplies	25% after the annual deductible is met
Hospitalization	\$535.00 per day or 25% of billed charges for institutional services whichever is less plus 25% cost-share for separately billed services
Emergency Services	25% after the annual deductible is met
Ambulatory Surgery	25% after the annual deductible is met

- Catastrophic Cap is \$3,000.00 per Military Fiscal Year for Retirees.



Standard

ACTIVE DUTY SERVICE MEMBERS may NOT use TRICARE Standard!!!!

They must be enrolled in PRIME or PRIME REMOTE unless on Early Activation Orders for National Guard and Reserve.

Deductible Rank E-4 or below	\$50.00 Individual or \$100.00 Family
Deductible Rank E-5 or higher	\$150.00 Individual or \$300.00 Family
Family Members of National Guard and Reserve Activated for More than 30 consecutive days in support of a Contingency Operations	\$0.00
Outpatient Visits	20% after the annual deductible is met
Clinical Preventive Services	25% after the annual deductible is met
Durable Medical Equipment, Prosthetics, Orthotics, and Supplies	20% after the annual deductible is met
Hospitalization	\$16.85 per day (\$25.00 minimum charge)*
Emergency Services	20% after the annual deductible is met
Ambulatory Surgery	\$25.00
Catastrophic Cap	\$1,000.00 per Military Fiscal Year
If your stay lasts 1 to 2 days, your charge for this stay will be \$25.00. For 3 or more days, you will be charged \$16.85 times the number of days.	

TAMP – Transitional Assistance Management Program

You and your DEERS eligible dependents are covered for **MEDICAL ONLY** as long as they were activated in support of a contingency operation and served for more than 30 consecutive days.

TAMP is currently for 180 Days Post Active Duty and begins on the 1st day after their active duty orders end. Following are your only 2 options for medical coverage:

TRICARE Prime: **Must re-enroll** to continue coverage using DD Form 2876

TRICARE Standard: Automatic coverage

Deductible E-4 and below	\$50.00 Individual and \$100.00 Family
Deductible E-5 and above	\$150.00 Individual and \$300.00 Family
Enrollment Fee	\$0.00
Cost Share	20% after the deductible is met
Catastrophic Cap	\$1,000.00



The Military Member **ONLY** has Active Duty Dental Program (ADDP) coverage during the TAMP period as long as they were activated in support of a contingency operation and served for more than 30 consecutive days.

If previously enrolled in TRICARE Reserve Select (TRS), the Service Member will need to re-enroll in TRS within 30 days of coverage ending for no gap in coverage. If more than 30 days has elapsed, the enrollment will go by the 20th of the month rule previously discussed in Early Activation section.

If previously enrolled in TRICARE Dental Program, the Service Member will need to contact the appropriate contractor to verify if their re-enrollment occurred automatically. Please visit www.tricare dental program.com for contact information.

If a member is ETS'ing prior to the end of TAMP, the Unit Personnel Department, during out-processing, will issue a TAMP card for insurance benefits.

TRICARE Dental Program

As of May 1, 2012, the contractor will be MetLife.

Technicians, Traditional Reserve Component Members, and Family Members

Please visit <https://mybenefits.metlife.com/tricare> or call 855-638-8371. To access the online service, the Military Member must have a DS Logon. Instructions of how to obtain follow this section.

National Guard/Reserve sponsors are eligible to enroll in the TDP when they are not on active duty for more than 30 consecutive days. If a National Guard/Reserve sponsor enrolled in the TDP is called or ordered to active duty for more than 30 consecutive days, he or she will be automatically de-enrolled from the program starting once they are eligible for early activation benefits. To protect your coverage, please contact the TDP to ensure the disenrollment and the re-enrollment procedures.

National Guard/Reserve family members can enroll in the TDP even if their sponsor does not enroll. The plan offers continuous dental coverage throughout the sponsor's changing status - from inactive to active and back again. In fact, if a National Guard/Reserve sponsor is activated, family members will enjoy reduced monthly premiums when their sponsor is activated because they are considered "active duty family members" during that time. Additionally, because family member enrollment is not dependent on the sponsor's enrollment, family members can enroll in the TDP at any time.



www.dmdc.osd.mil/milconnect

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Breaking News: milConnect wins award!

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SGLI Plans

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Sign In

Sign Up

Useful Info

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DSAccess: Consent to Monitor

DEERS DoD Self-Service Access Center

Self-Service Consent to Monitor [CTM] Banner

You are accessing a U.S. Government (USG) Information System (IS) that is provided for USG beneficiary self-service-authorized use only.

By using this IS (which includes any device attached to this IS), you consent to the following conditions:

- The USG routinely intercepts and monitors communications on this IS for purposes including, but not limited to, penetration testing, COMSEC monitoring, network operations and defense, personnel misconduct (PM), law enforcement (LE), and counterintelligence (CI) investigations.
- At any time, the USG may inspect and seize data stored on this IS.
- While all personal identifying information (PII) data stored on this IS is protected under the Privacy Act of 1974, all communications using this IS, and the data captured to support this IS, are not private, are subject to routine monitoring, interception, and search, and may be disclosed or used for any USG authorized purpose.
- This IS includes security measures (e.g., authentication and access controls) to protect USG interests—not for your personal benefit or privacy.
- Notwithstanding the above, using this IS does not constitute consent to PM, LE or CI investigative searching or monitoring of the content of privileged communications, or work product, related to personal representation or services by attorneys, psychotherapists, or clergy, and their assistants. Such communications and work product are private and confidential. See User Agreement for details.

OK

Click Ok



DSAccess - Internet Explorer provided by USAF
 https://www.dmdc.osd.mil/appj/dsaccess/pub/Welcome.do

DSAccess

DEERS DoD Self-Service Access Center

Homepage
 Frequently Asked Questions

DoD Self-Service Access Center

DoD Self-Service Access Center provides a means for a sponsor (family member with an affiliation to the Department of Defense) to request a DoD Self-Service Logon (DS Logon) for their own use and for those family members who are eligible to receive one. An individual can also use this site to manage their own DoD Self-Service Logon.

An individual can logon to DoD Self-Service Access Center by using their Common Access Card, DFAS Pin, or DoD Self-Service Logon (if one has previously been created). Sponsors can only request DoD Self-Service Logons if they log on with CAC or DFAS. Individuals can only maintain their own DoD Self-Service Logon information.

For more information regarding what a DoD Self-Service Logon is and how to obtain one, refer to the [Frequently Asked Questions](#) page.

What would you like to do?

- Request a DoD Self-Service Logon.
- Activate a DoD Self-Service Logon.
- Manage my own information.

Are you having problems logging on with your DoD Self-Service Logon?

- I forgot my DoD Self-Service Logon username.
- I forgot my DoD Self-Service Logon password.
- My DoD Self-Service Logon is suspended and I need it unlocked.

United States Department of Defense. For assistance or to report problems with this site please call (800) 477-9227.

Click Request a DoD Self Service Logon

DMDC Authentication Logon - Internet Explorer provided by USAF
 https://www.dmdc.osd.mil/appj/agentbase/LoginSelect.jsp?gotourl=/dsaccess/Init.do%3FvisitPurpose=request&modules=DFAS,CAC

DMDC Authentication Logon

Single Sign On

Consent Notification

You are accessing a U.S. Government (USG) Information System (IS) that is provided for USG beneficiary self-service-authorized use only. By using this IS (which includes any device attached to this IS), you consent to the following conditions:

- The USG routinely intercepts and monitors communications on this IS for purposes including, but not limited to, generation testing, COMSEC monitoring, network operations and defense, personnel misconduct (PM), law enforcement (LE), and counterintelligence (CI) investigations.
- At any time, the USG may inspect and seize data stored on this IS.
- While all personal identifying information (PII) data stored on this IS are protected under the Privacy Act of 1974, all communications using this IS, and the data captured to support this IS, are not private, are subject to routine monitoring, interception, and search, and may be disclosed or used for any USG authorized purpose.
- This IS includes security measures (e.g., authentication and access controls) to protect USG interests—not for your personal benefit or privacy.
- Notwithstanding the above, using this IS does not constitute consent to PM, LE or CI investigative searching.

Select Authentication Method

Common Access Card (CAC)

DFAS Account (myPay)

Log On

For assistance with initial login problems, please call 800-477-9227.

AUTHORITY: USC 301 & EO 9397

PURPOSE/ROUTINE USE: Information you provide is used to verify your identity and usage of this website.

DISCLOSURE: Voluntary. However, if you fail to provide the requested information, DMDC will not be able to verify your identity; if your identity is not verified, you will be unable to gain access to the website.

Browser Warning

Prevent illegal access of Privacy Act data by closing your browser before leaving your computer.

Choose Common Access Card (CAC) or DFAS Account MyPay to Logon with.

Once you choose your option for the LOGON, you will input the proper logon and the following screen will be provided.



The screenshot shows the 'Overview' page of the DEERS DoD Self-Service Access Center. The page title is 'DEERS DoD Self-Service Access Center'. The main content area is titled 'Overview' and contains the following text: 'Below is a list of members of your family who are eligible for a DoD Self-Service Logon. Non-eligible members are not shown. Eligible members are sponsors, spouses of sponsors, and other dependents at least 18 years old. You can click on a member's name to view more information about them. To request a DoD Self-Service Logon for one or more of these individuals, select the checkbox next to their name and click the button below.' Below this text is a table with columns for 'Family Member', 'Relation', and 'DS Logon Status'. The table contains two rows, both with redacted names and the relation 'Spouse'. The 'DS Logon Status' for both is 'DS Logon has not been created'. A 'Request DoD Self-Service Logons' button is located below the table. A callout box with a pointer to the table contains the text: 'Check for each logon you would like to receive.'

Family Member	Relation	DS Logon Status
[Redacted]	Spouse	DS Logon has not been created
[Redacted]	Spouse	DS Logon has not been created

The screenshot shows the 'DS Logon Creation' page of the DEERS DoD Self-Service Access Center. The page title is 'DS Logon Creation'. The main content area is titled 'DS Logon Creation' and contains the following text: 'Because you have logged on with a common access card, you can create a DoD Self-Service Logon for yourself right now without the need to request an activation code. However, any dependent you request a DoD Self-Service Logon for will still need to wait for their activation code to arrive.' Below this text is a 'Person Information' section with fields for 'Name', 'Relation', and 'Date of Birth'. The 'Date of Birth' field is redacted. Below this is a 'Choose Password' section with a 'New Password' field and a 'Confirm Password' field. Below this is a 'Select Challenge Questions' section with a list of questions and a 'Response' column. A callout box with a pointer to the 'Select Challenge Questions' section contains the text: 'Challenge questions continued on next page'.

Question	Response
<input type="checkbox"/> Question: What was the name of your first pet?	
<input type="checkbox"/> Question: What was the name of your first stuffed animal?	
<input type="checkbox"/> Question: What is the name of your first girlfriend or boyfriend?	
<input type="checkbox"/> Question: What school did you attend for kindergarten?	
<input type="checkbox"/> Question: What was the make (Chevy, Ford, Honda, etc.) of your first car?	
<input type="checkbox"/> Question: In what hospital were you born?	
<input type="checkbox"/> Question: In what year was your mother born?	
<input type="checkbox"/> Question: What is the full name of your very first employer?	
<input type="checkbox"/> Question: What school did you attend for sixth grade?	
<input type="checkbox"/> Question: What is your oldest sibling's middle name?	



DSAccess - DS Logon Creation - Internet Explorer provided by USAF

Verify the information and complete the sections below to create a DoD Self-Service Logon.

Person Information

Name: [Redacted]
Relation: [Redacted]
Date of Birth: [Redacted]

Choose Password

Please enter a password, and then enter it again to confirm.
New passwords must be at least 9-20 characters long and have at least one number, one lowercase letter, one uppercase letter, and one special character. Passwords expire after 150 days and the new password cannot be the same as any of your previous 5 passwords.

New Password: [Redacted]
Confirm Password: [Redacted]

Select Challenge Questions

Select a combination of any five challenge questions and provide your answers.
If you forget your username or password, correctly answering three of these challenge questions will allow you to retrieve your username or password. Please note that for added security, the password is case-sensitive, while the answers to these questions are not stored in a case-sensitive manner.

Question	Response
<input type="checkbox"/> Question: What was the name of your first pet?	[Redacted]
<input type="checkbox"/> Question: What was the name of your first stuffed animal?	[Redacted]
<input type="checkbox"/> Question: What is the name of your first girlfriend or boyfriend?	[Redacted]
<input type="checkbox"/> Question: What school did you attend for kindergarten?	[Redacted]
<input checked="" type="checkbox"/> Question: What was the make (Chevy, Ford, Honda, etc.) of your first car?	[Redacted]
<input type="checkbox"/> Question: In what hospital were you born?	[Redacted]
<input type="checkbox"/> Question: In what year was your mother born?	[Redacted]
<input type="checkbox"/> Question: What is the full name of your very first employer?	[Redacted]
<input checked="" type="checkbox"/> Question: What school did you attend for sixth grade?	[Redacted]
<input checked="" type="checkbox"/> Question: What is your oldest sibling's middle name?	[Redacted]
<input type="checkbox"/> Question: What is the first name of the boy or girl that you love?	[Redacted]
<input checked="" type="checkbox"/> Question: In what city or town did your mother and father meet?	[Redacted]
<input checked="" type="checkbox"/> Question: In what town was your first job?	[Redacted]

When complete, click Create DS Logon

United States Department of Defense. For assistance or to report problems with this site please call (800) 477-8227.

DSAccess - DS Logon Creation Confirmation - Internet Explorer provided by USAF

Information and Technology for Better Decision Making

DEERS DoD Self-Service Access Center (1 of 2 requests)

DS Logon Creation Confirmation

A DoD Self-Service Logon has been created for Stephany AVAL Roth.

DS Logon Information

Status: [Redacted]
Username: [Redacted]
Level: Premium
Request Method: CAC
Delivery Method: Application Display

Click to Review Next Request

United States Department of Defense. For assistance or to report problems with this site please call (800) 477-8227.



DEERS DoD Self-Service Access Center

DS Logon Request

This DoD Self-Service Logon cannot be activated at this time. An activation PIN and instructions will be sent by mail to the address that we have on record for this individual. Please allow 5 - 12 business days for delivery. If you wish to proceed, verify the information below.

Person Information

Name: [Redacted]
Relation: [Redacted]
Date of Birth: [Redacted]

United States Department of Defense. For assistance or to report problems with this site please call (800) 477-8227

Click Request DS Logon

A letter will be sent within 10 Business Days with instructions to activate the DEERS eligible Dependents DS Logon.

Only if requesting a logon for a Dependent. The Service Members DS Logon is immediate.

DEERS DoD Self-Service Access Center

DS Logon Request Confirmation

A DoD Self-Service Logon has been requested for Ronald J Roth. An activation code and instructions will be sent by mail to the address on file.

United States Department of Defense. For assistance or to report problems with this site please call (800) 477-8227

Click Finished



DSAccess - Overview - Internet Explorer provided by USAF

https://pki.dmdc.osd.mil/appi/dsaccess/ConfigRequestProcess.do

DEERS DoD Self-Service Access Center

Information and Technology for Better Decision Making

Overview

Below is a list of members of your family who are eligible for a DoD Self-Service Logon. Non-eligible members are not shown. Eligible members are sponsors, spouses of sponsors, and other dependents at least 18 years old. You can click on a member's name to view more information about them. To request a DoD Self-Service Logon for one or more of these individuals, select the checkbox next to their name and click the button below.

Family Member	Relation	DS Logon Status
<input type="checkbox"/> [Redacted]	Sponsor	DS Logon is active
<input type="checkbox"/> [Redacted]	Spouse	DS Logon has not been created. A request has been made for a DS Logon.

Request DoD Self-Service Logons

United States Department of Defense. For assistance or to report problems with this site please call (800) 477-8237

Logoff

States status of DS Logon

TRICARE Retired Reserve

Gray area retiree refers to Service Members from the National Guard and Reserve who retire with 20 years or more of service prior to age 60.

The Gray Area Retiree now has the option to purchase TRICARE Retired Reserve.

2012 Premium	\$419.72 Single or \$1,024.43 Family
Deductible	\$150.00 Single or \$300.00 Family
Cost Share	25% after the deductible is met
Catastrophic Cap	\$3,000.00 Per Military Fiscal Year

Premium is adjusted annually on 1 January.



TRICARE Reserve Select

If a member is eligible in their own right for Federal Employee Health Benefit (FEHB) coverage, they are NOT eligible for TRS.

No gap insurance coverage if applied for and premium paid within 30 days of release from Active Duty. To apply, please visit <https://www.dmdc.osd.mil/appj/trs/>

2012 Premiums	\$54.35 Single or \$192.89 Family
Deductible E-4 and below	\$50.00 Single or \$100.00 Family
Deductible E-5 and above	\$150.00 Single or \$300.00 Family
Cost Share	20% after the deductible is met
Catastrophic Cap	\$1,000 Per Military Fiscal Year

Premium is adjusted annually on 1 January.

TRICARE Young Adult

The TRICARE Young Adult (TYA) program is a premium-based health care plan available for purchase by qualified dependents. TYA offers TRICARE Standard Coverage worldwide. This is a **Medical Benefit ONLY**.

Who is eligible? You may purchase TYA coverage if you are **ALL** of the following:

- A dependent of an eligible uniformed service sponsor*
- Unmarried
- At least age 21 (or age 23 if enrolled in a full-time course of study at an approved institution of higher learning and if the sponsor provides at least 50 percent of the financial support), but have not yet reached age 26
- Not eligible to enroll in an employer-sponsored health plan as defined in TYA regulations
- Not otherwise eligible for TRICARE program coverage

If you are an adult child of a non-activated member of the Selected Reserve of the Ready Reserve or of the Retired Reserve, your sponsor **MUST be enrolled in TRICARE Reserve Select or TRICARE Retired Reserve for you to be eligible to purchase TYA coverage.*

Purchasing

- TYA Application is available at www.TRICARE.mil/tya.
- If you are not in DEERS, your sponsor must add you to the system before starting the application process. For more information on adding family members to DEERS, visit www.TRICARE.mil/deers.
- Application must include the first three months of premium payments.

Enrollment in TYA



- After enrollment, you and your sponsor will need to visit a RAPIDS location for an Identification (ID) Card. You MUST bring in two forms of ID and the enrollment information you receive.

General Information:

TRICARE and Other Health Insurance (OHI)

- TRICARE pays after all other health insurance plans except for:
 - Medicaid
 - TRICARE supplements
 - The Indian Health Service
 - Other programs/plans as identified by TMA
- Not required to obtain TRICARE referrals or prior authorization for covered services, except for adjunctive dental care and behavioral health care services
- However, you must follow the OHI referral and authorization requirements if applicable
- TRICARE is NOT a supplement to other insurance.
- If you terminate OHI, you must complete form “TRICARE Other Health Insurance Questionnaire” and mail into the appropriate Regional Contractor.

Pharmacy Coverage

Please refer to www.TRICARE.mil for a list of formulary drugs. Due to constant changes, you can also contact your regional provider office.

<i>Type of Pharmacy</i>	<i>Formulary Drugs</i>	<i>Non-formulary Drugs</i>
Military Pharmacy (up to a 90-day supply)	\$0	Not Applicable
Home Delivery (up to a 90-day supply)	Generic: \$0 Brand Name: \$9	\$25 (unless you establish medical necessity)
Retail Network (up to a 30-day supply)	Generic: \$5 Brand Name: \$12	\$25 (unless you establish medical necessity)
Non-Network (up to a 30-day supply)	<u>Prime Beneficiaries:</u> 50% cost share after point of service deductible has been met. <u>All Others:</u> \$12 or 20% of the total cost, whichever is greater,	<u>Prime Beneficiaries:</u> 50% cost share after point of service deductible has been met. <u>All Others:</u> \$25 or 20% of the total cost, whichever is greater,



	after the annual deductible is met	after the annual deductible is met
--	------------------------------------	------------------------------------

Balance Billing and Violation of Participation Agreements

Nonparticipating providers may charge up to 15 percent above the TRICARE-allowable charge. This amount is your responsibility and will not be reimbursed by TRICARE. Participating providers are prohibited from balance billing – billing you for any amount in excess of the TRICARE-allowable charge, less any applicable cost-share you pay. Once a participating provider marks “yes” on the claim form for that service, he or she cannot later revoke or cancel that decision. Participating providers who attempt to fraudulently collect higher payments are in violation of the participation agreement. **NOTE:** Non-network providers may choose to participate on a claim-by-claim basis.

Prohibition of Waiving Cost-Shares and Deductibles

When using TRICARE Standard, TRICARE Extra, TRS, and TRR you are responsible, under law, to pay an annual deductible and cost-shares associated with your care. The law prohibits health care providers from waiving the deductible or cost-shares and requires providers to make reasonable efforts to collect these amounts. Providers who offer to waive deductibles and cost shares, or who advertise that they will do so, can be suspended or excluded as TRICARE-authorized providers.

Information from TRICARE®: Summary of Beneficiary Costs brochure published February 2011.

IMPORTANT: If you are in the Emergency Room and the Doctor wants to release you and come back the next day for tests, ask them to **NOT** release you until after the tests are complete. If you are released, the doctor **MUST** submit for prior authorization before the procedure can be administered. This could take 72 hours to 3 weeks for the approval.

When calling your regions customer service, please ensure to document the date, time and who you spoke with. All conversations are recorded, and if you have issues after calling and need to file a complaint, you will need the date, time, who you spoke with, issue calling with, and the response you received.



Verification in milconnect on DEERS Eligible Dependents and TRICARE Coverage

Welcome to milConnect - Internet Explorer provided by USAF

[https://www.dmdc.osd.mil/milconnect](https://www.dmdc.osd.mil/milconnect/faces/index.jspx?_afLooops=19128379913000)

This will provide this information.

[www.dmdc.osd.mil/milconnect](#)

This will provide this information.

Click here to sign in

Sign In
If you have a Common Access Card (CAC), DFAS (myPay) Account or DoD Self-Service (DS) Logon, click the link above to sign in.

Sign Up
Sponsors can create a DS Logon by clicking the link above. Please have your CAC or DFAS Account ready.

Useful Info
[Need Help?](#)
[Please send us your feedback!](#)

Breaking News: milConnect getting a face-lift!
In the next few months we will introduce some enhancements to milConnect! Stay tuned for the details...

Military Transitions
[I am de](#)
[AD to T](#)
[AD to G](#)
[AD to Retirement](#)
[Reserve Retiree Recalled to AD](#)

Life Events that Impact Your Benefits
[Medicare](#)
[Marriage](#)
[Children](#)
[Divorce](#)
[Death of Family Member](#)

Education Benefits
[Transfer Your Education Benefits in milConnect!](#)
[How to Submit a Transfer Request \(TEB\)](#)

SGLI Plans
[SGLI Disability Extension](#)
[Accelerated Benefits Option](#)
[Conversion to a Permanent Plan](#)
[Free Financial Counseling Service](#)

ID Cards
[General Information](#)
[Temporary ID Number \(TIN\)](#)

External Links
[Air Force](#) [Army](#) [Marines](#) [Navy](#) [Army National Guard](#) [Air Force National Guard](#) [Coast Guard](#) [TRICARE Online](#) [TRICARE for Guard and Reserve](#) [Wounded Warrior](#) [Military One Source](#) [Department of Defense](#) [DMDC](#) [Department of Reserve Affairs](#) [Department of Veterans Affairs](#) [AAFES](#) [UCCI](#) [Social Security Administration](#) [myPay](#)

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milconnect: Consent to Monitor - Internet Explorer provided by USAF

<https://www.dmdc.osd.mil/milconnect/consent/continueToUrl=%2Fmilconnect%2Ffaces%2Fpages%2Fhome.jspx>

Information and Technology for Better Decision Making

Self-Service Consent to Monitor [CtM] Banner

You are accessing a U.S. Government (USG) Information System (IS) that is provided for USG beneficiary self-service-authorized use only.

By using this IS (which includes any device attached to this IS), you consent to the following conditions:

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- This IS includes security measures (e.g., authentication and access controls) to protect USG interests--not for your personal benefit or privacy.
- Notwithstanding the above, using this IS does not constitute consent to PM, LE or CI investigative searching or monitoring of the content of privileged communications, or work product, related to personal representation or services by attorneys, psychotherapists, or clergy, and their assistants. Such communications and work product are private and confidential. See User Agreement for details.

OK



DMDC Authentication Logon - Internet Explorer provided by USAF

https://www.dmdc.osd.mil/app/agentsso/LoginSelect.jsp?gotourl=%2Fmilconnect%2Ffaces%2Fhome.jsp&pkurl=https%3A%2F%2Fpki.dmdc.osd.mil%2Fapp%3non

Information and Technology for Better Decision Making

Single Sign On

In this area, you will chose to log in with your CAC card, myPay password and pin; or if you have it DoD Self-Service Logon (DSLogon). Then click the Log On

Consent Notification

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communications on this IS for purposes including, but not limited to, network operations and defense, (LE), and counterintelligence (CI) investigations. Data stored on this IS.

Data stored on this IS are protected under the authority of the Privacy Act of 1974 and the system of records notice and DLAR 540021. Authentication and access controls to protect USG privacy.

This consent does not constitute consent to PM, LE or CI operations or work product of privileged communications, or work product of services by attorneys, psychotherapists, or other professionals and work product are private and confidential.

For assistance, please call 800-371-2243.

Select Authentication Method

- Common Access Card (CAC)
 - Log On
- DoD Self-Service Logon (DSLogon)
- DFAS Account (myPay)

AUTHORITY 5 USC 301 & EO 9397

PURPOSE/ROUTINE USE Information you provide is used to verify your identity and usage of this website.

DISCLOSURE Voluntary. However, if you fail to provide the requested information, DMDC will not be able to process your request.

Done Trusted sites | Protected Mode: Off

Welcome to milConnect - Internet Explorer provided by USAF

https://www.dmdc.osd.mil/milconnect/faces/home.jsp?_afriLoop=192684057869000&_afriWindowMode=0&_adf.ctrl-state=uw4uoxbw_13

milConnect Powered by DMDC

Ronnie Quimby | Sign Out

Follow Us: Tweet us, add us

Home My Profile Information eCorrespondence Health Care Education Personal Life Insurance Help

Click Here

Air Force Headlines

- Korean War veteran's family to get lost medal 02/18/2012
- Officials: Terror suspect planned suicide bomb 02/18/2012
- General criticizes cutbacks at Mich. Guard base 02/18/2012
- Barksdale airman invites Tebow to Military Ball 02/18/2012

What you can find on milConnect

Information on:

- FAQs related to your military benefits
- Your health care eligibility
- Your personnel information
- Other benefits, including SGLI

The capability to:

- Update your contact information to DEERS
- Transfer your Post 9/11 education benefits (See 'Education' drop list)
- Print proof of insurance if enrolled in a TRICARE managed program

DMDC Links

- Update Address
- Manage DS Logon Account
- Beneficiary Web Enrollment
- RAPIDS Site Locator
- TRICARE for Guard and Reserve

External Links

- Air Force
- Army
- Navy
- Marines
- Coast Guard
- National Oceanic and Atmospheric Administration
- Public Health Service
- Commissioned Corps
- TRICARE.mil
- TRICARE Online
- Wounded Warrior
- Veterans Portal
- Defense Finance and Accounting Service
- AAFES
- UCCI
- Social Security Administration

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Done Trusted sites | Protected Mode: Off



Welcome to milConnect - Internet Explorer provided by USAF
https://www.dmdc.osd.mil/milconnect/faces/pages/home.jspx?_afriLoops=1926840578690008_...
FIRSI: Customer Manage... Welcome to milConnect x

milConnect
Powered by DMDC
Quimby | Sign Out
Follow Us
Tweet us, add us

Home My Profile Information eCorrespondence **Health Care** Education Personnel Life Insurance Help

Medical/Dental/Pharmacy
Other Health Insurance
Claims (Catastrophic Cap & Deductible) & Fees
Immunizations
Proof of Insurance

Air Force Headlines

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- Public Health Service
- Commissioned Corps
- TRICARE.mil
- TRICARE Online
- Wounded Warrior
- Veterans Portal
- Defense Finance and Accounting Service
- AAFES
- UCCI
- Social Security Administration

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Done Trusted sites | Protected Mode: Off 100%

Drop down box will appear.
Click on Medical/Dental/Pharmacy

Welcome to milConnect - Internet Explorer provided by USAF
https://www.dmdc.osd.mil/milconnect/faces/health_care?_adf.ctrl-state=uw4uoxbw_13&_afriLoops=192948839534000
FIRSI: Customer Manage... Welcome to milConnect x

milConnect
Powered by DMDC
Sign Out
Follow Us
Tweet us, add us

Home My Profile Information eCorrespondence **Health Care** Education Personnel Life Insurance Help

Medical/Dental/Pharmacy

Family Members

- (Sponsor)
- (Spouse)

Coverages for [Name]

Medical Coverage Dental Coverage Pharmacy Coverage

Current

Coverage: TRICARE Standard for Retired and Medal of Honor Sponsors and Family Members
Coverage End Date: No projected end date exists for the next 6 months.

External Links

- Air Force
- Army
- Navy
- Marines
- Coast Guard
- National Oceanic and Atmospheric Administration
- Public Health Service
- Commissioned Corps
- TRICARE.mil
- TRICARE Online
- Wounded Warrior
- Veterans Portal
- Defense Finance and Accounting Service
- AAFES
- UCCI
- Social Security Administration

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Done Trusted sites | Protected Mode: Off 100%

This shows who is enrolled in DEERS.

Choose the tab for the type of coverage you need to verify.
This will show the coverage information.



To *verify* current premiums, coverage and information/forms on all TRICARE® benefits, please visit www.TRICARE.mil; www.addp-ucci.com; www.TRICAREdentalprogram.com; or www.trdp.com.